

ATTENDEES	Paul Myres (Chair, AMRCW), Helen Britton (AMRCW), Jane Fenton May (RCGP), Abrie Theron (RCOA), Isra Hassan (RCOA), Sally Davies (BMA) Alex Gorta (FFLM), Frank Atherton (CMO), Chris Jones (HEIW), Louis Urrety (RCGP), Ollie John (RCPsych), Manel Tippett (GMC), Alice Jones (RCS)
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APOLOGIES	Esther Youd (RCPath), Martin Rolles (RCR), Simon Emery (RCOG), Steven Backhouse (RCSed), Karl Bishop (FDS), John Skipper (Lay Rep), Sue Hill (RCS), David Tuthill (RCPaeds), Robin Roop (RCM), Zoe Moulton (RCM), Angela Jones (FPH), Raghu Ram (RC Oph), Gareth Llewelyn (RCP), Lowri Jackson (RCP), Alan Boyd (FPM)
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CHAIRS REPORT

PAUL MYRES

DISCUSSION	<p>Paul Myres (PM) welcomed all attendees to the meeting.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Paul Myres (PM) gave an update on his meetings with Cabinet Secretary, CMO and Chris Jones HEIW <input type="checkbox"/> PM contributed to the workforce panel at the Bevan Commission International Conference. The AMRCW had a stand at the 2 day event <input type="checkbox"/> At the request of WG, AMRCW contributed to NHS long term plan <input type="checkbox"/> AMRCW are currently undertaking 2 large projects, MCT and End of Life Care. Unfortunately the cost of training project has been cancelled and this piece of work will no longer be led by AMRCW <input type="checkbox"/> There has been little progress on shape of training, with many meetings having been cancelled. Momentum has slowed which has caused widespread frustration amongst members. <input type="checkbox"/> PM met with Mr John Llewelyn; Chairman the Welsh Joint Medical Consultative Council (WJMCC), a council with joint representatives from AMRCW and BMA. WJMCC plays a large part in Upholding Professional Standards in Wales. <input type="checkbox"/> PM reported that the subject of bullying was raised with the Cab Sec. The view of administration is that there are systems in place to deal with the speaking up guardian, but they are perhaps not working effectively. Cardiff University is undertaking a project to evaluate a piece of work in England. Once this report has been published WG will see if it is effective and if it's appropriate for Wales. Abrie Theron will lead on this piece of work on behalf of the Academy. <input type="checkbox"/> PM updated members on the future of the AMRCW. The preferred option was for AMRCW to become a subcommittee of the UK Academy. One advantage of this new
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	<p>structure will enable AMRCW to put more pressure on the UK Academy to consider Wales and have a greater influence at a UK level. AMRCW still aims to have a strong presence in Wales, albeit on a smaller level. It will ask WG to guarantee attendance at Council meetings. The Cab Sec and UK Academy Chair/CEO could also attend once a year. The change will come into effect at the end of Dec, pending agreement from the UK Academy. AMRCW has sufficient funds to operate under the new structure for 2 years however the operational issues need further discussion.</p> <ul style="list-style-type: none"> ❑ PM announced that Esther Youd (RC Path) has been elected as the new Chair and will take up post on 1st October. ❑ Abrie Theron thanked PM on behalf of members for his outstanding commitment and leadership as Chair for the past 3 years.
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ACTIONS	RESPONSIBILITY
Abrie Theron will lead on the speak up guardian work for AMRCW	Abrie Theron

WELSH GOVERNMENT UPDATE

FRANK ATHERTON

DISCUSSION	<p>Frank Atherton provided members with an update from WG</p> <ul style="list-style-type: none"> ❑ Welsh Government’s response to the Parliamentary Review ‘ A healthier Wales’ has now been published. The next step is to develop a plan on how to shape the future healthcare system in Wales. He shared with members the key themes from the document. ❑ FA mentioned the development of a National Clinical Plan, which will be a national overarching framework to describe what our systems will look like and identify key drivers for change. WG are open to discussions and wish to work with AMRCW on developing this. The timeframe for this is over next 1-1 ½ years. ❑ There is still a lot of political buy in for prudent healthcare. Value-based healthcare will address the principles of prudent healthcare and look to operationalise them. This will feature as a chapter in the CMO’s report, due to be published in December. ❑ AMRCW needs to be part of the discussion on medical leadership. WG are in talks with HEIW to look at how we develop a model across Wales. Chris Jones (HEIW) asked the questions ‘what is the architecture to get to where we want ?’ ‘ What is the optimum system ?’ We should then look to fit training, recruitment and workforce and medical leadership into that structure.
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<p>DISCUSSION</p>	<p>Doctors writing outpatients letters to patients.</p> <ul style="list-style-type: none"> ❑ PM reported this guidance should help and encourage doctors to write most of their outpatient clinic letters directly to patients and send a copy of the letter to the patient's General Practitioner. AoMRC endorsed this as best practice. ❑ Members raised a few questions around how it is disseminated and if training would be provided. ❑ Members agreed they would like WG to have a position on this and raise it with LHBs. AMRCW will request it is added to the agenda for MD's to discuss. <p>Patient discharge review</p> <ul style="list-style-type: none"> ❑ HIW undertook a national review to evaluate the quality of patient discharge from hospitals to general practices. The review found the quality of discharge to be variable, which requires significant attention to ensure that safe and effective healthcare is provided across Wales. It reported that whilst all health boards and Velindre NHS Trust appeared to have in place the correct policies regarding discharge, there is a lack of awareness and understanding of the processes from staff on wards. There was also a lack of understanding of what information should be shared between secondary care and GPs. ❑ FA was uncertain of WG's response to this. He will consult with his team and report back. ❑ Manel Tippett will check how GMC will respond and will report back to Council ❑ Isra Hassan shared that the responsibility falls to trainee doctors to do patient discharge, however they do not have enough time or resources. They are also not helped to understand the importance of the review. The question whether this responsibility should fall to the consultant was discussed. Members agreed that it's unfairly imposed on junior doctors and a process analysis should be undertaken to enable improvement. All agreed that a clear strategy is needed. <p>Brexit</p> <ul style="list-style-type: none"> ❑ AMRCW will soon publish a paper on Brexit and the impact on health and healthcare in Wales. The paper will be sent to WG, AMs, medical directors and the media to raise awareness and highlight the public health issues that need to be addressed. We hope to have some media coverage following the publication. <p>NHS funding announcement</p> <ul style="list-style-type: none"> ❑ In June 2018 the Westminster Government announced an extra £20 billion of funding for health services, by 2023/24. As a result, it is expected that the Welsh Government will receive Barnett funding of around £1.2 billion ❑ Members agreed that the Academy should make a statement on how the money should be spent in Wales and sub group was formed to lead this.
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ACTIONS	RESPONSIBILITY
Draft a list of topics to add to the agenda for next Medical Directors meeting and send to Frank Atherton	Helen Britton
Follow up with Frank Atherton with regards to WG's response to HIW patient discharge review	Helen Britton
Manel Tippett will report what GMC is doing with regards to patient discharge review	Manel Tippett
Louis Urrety, RCGP will draft the Academy statement in response to the NHS funding announcement. Subgroup to provide input and AT to review.	Louis Urrety/Abrie Theron

UK ACADEMY COUNCIL REPORT

PAUL MYRES

DISCUSSION	
	<p>Reflective practice</p> <ul style="list-style-type: none"> ❑ The AoMRC will soon publish guidance on reflective practice. It has been developed jointly by AoMRC, the UK Conference of Postgraduate Medical Deans (COPMeD), the General Medical Council (GMC), and the Medical Schools Council The guidance supports medical students, doctors in training and doctors engaging in revalidation on how to reflect as part of their practice. <p>Members didn't have any additional comments to add after reading the UK Academy Council report.</p>

VALUE-BASED CARE AND CHOOSING WISELY UK

PAUL MYRES

DISCUSSION	
	<ul style="list-style-type: none"> ❑ The recent Choosing Wisely UK event saw the launch of the latest set of College recommendations. The event was well attended with 80 people, predominately medical. It attracted widespread publicity. PM reported that it is difficult to see how far CW UK has been taken up. The focus in Wales is on shared decision making. It aims to enable patients to have a stronger voice when making decisions about their healthcare. The initiative offers clinicians training in having better conversations. ❑ SDM 'Train the Trainer' programme workshop 1 has been delivered to 48 NHS professionals from every HB and Trust in Wales. Each has committed to deliver SDM training to teams within each of their host organisations. ❑ MCT is now promoting <u>3</u> questions. Leaflets and posters are being developed to encourage the public in Wales to share in the decisions about their health, encouraging shared responsibility and accountability. A second public launch is being considered to heighten public awareness of the 3 questions and to reduce low value interventions ❑ IH reported feedback from the training. She advised the scenarios should be more tailored and more relevant to the speciality. ❑ MCT wishes to run a Wales Conference and invite CMO, Sally Lewis, the Bevan

	Commission and programme leads for other initiatives under the prudent healthcare umbrella. It would be good to have a strong College presence.
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ACTIONS	RESPONSIBILITY
PM to circulate MCT leaflet to members	Paul Myres
PM to draft and outline the MCT conference	Paul Myres

END OF LIFE CARE **JANE FENTON MAY**

DISCUSSION	
	<p>Jane Fenton May updated members on progress and the upcoming taskforce meeting in October.</p> <ul style="list-style-type: none"> <input type="checkbox"/> The project aims to train clinicians to recognise when the patient has reached a point of no return in terms of their life limiting illness and have these difficult conversations <input type="checkbox"/> Members of the taskforce group will discuss how we make this change and what changes need to happen to really ensure a change. The end product may be a training package to help facilitate this behaviour change. <input type="checkbox"/> JFM suggested the project could require a Welsh Junior Clinical leadership fellow to lead it. Chris Jones suggested JFM contact HEIW as they are the budget holder for these fellow programmes.

ACTIONS	RESPONSIBILITY
JFM to contact HEIW re funding opportunities for Welsh Junior Clinical leadership fellow	JFM
HB to send invite to taskforce group to all members	Helen Britton

AOB **ALL**

DISCUSSION	
	<p>Mental Capacity Amendment Bill</p> <p>Members will be contacted and asked to consider AMRCW endorsement for the Bill.</p>

Next Council Meeting arranged for

Wednesday 5th December , Venue TBC 10:30am - 1:30pm