

ATTENDEES	Esther Youd (RCPATH), Abrie Theron (RCOA), Alex Gorton (FFLM), Jack Parry Jones (FICM), Angela Jones (FPH), Jennie Pilkington (AMRCW), Manel Tippett (GMC), Tom Lawson (HEIW), Jo Mower (RCEM), Sally Davies (BMA), Keshav Singhal (BAPIO), Derin Adebisi (RCP), Frank Atherton (CMO), James Horwood (UHW), Fiona Brennan (UHW), Rob Morgan (RCGP, via teleconference).
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APOLOGIES	Aisling Rollason (RCSED), Alice Jones (RCSeng), Amanda Davies (PHW), Chris Jones (HEIW), Chris Sanderson (RCSed), Clementine Maddock (RCPsych), David Bailey (BMA), Debbie Cohen (NCMH), Gareth Lleylyn (RCP), John Skipper (PHW), John Watkins (CU), Karl Bishop (FDS), Oliver John (RCPsych), Philip Kloer (HDUHB), Pooja Kumari (RCEM), Sunil Dolwani (CU), Mair Hopkin (RCGP), Jane Fenton May (RCGP), Paul Myres (MCT), Isra Hassan (RCOA), Tim Higenbottam (FPM), Tony Griffiths (RCOG) Des Kitto (CHC), Phillip Wardle (RCS), Steven Backhouse (RCSED), Catherine Walton (BMA), Mark Temple (BMA), Rodney Berman (BMA), Nicolas Webb (RCGP), Sue Hill (RCS).
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REVIEWING

ESTHER YOUD

DISCUSSION	<ul style="list-style-type: none"> ○ The minutes from the last meeting were reviewed and 2 amends noted. <ul style="list-style-type: none"> ● Previous actions: mainly completed – outstanding to be carried forwards. ● Agreed would be useful and timely to release a statement from AMRCW to remind people to get their flu jabs. Social media to be shared / re-tweeted by council members.
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CARRIED FORWARD ACTIONS	RESPONSIBILITY
❖ Mair Hopkin (MH) to join the next 'Transitions from Paediatrics to Adult Services' meeting – Abrie Theron (AT) to forward minutes and invite to MH	Abrie Theron & Mair Hopkin
❖ I-refer document to be circulated	Jennie Pilkington
❖ Release statement from AMRCW reminding people to take up the flu jab	Esther Youd

CHAIRS REPORT

ESTHER YOUD

DISCUSSION	<p>Esther Youd (EY) welcomed all attendees to the meeting. The notes from the recent AoMRC meeting were circulated and discussed.</p> <ul style="list-style-type: none"> ❖ Academy council policy day update: Highlighted topics: <ul style="list-style-type: none"> ● Pensions – need to gather information regarding the pensions tax effect on delivery of care from all Royal Colleges, subsequently completed and letter issued to the
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	<p>Chancellor from AoMRC. The recent offer for NHS England was of interest but members noted many aspects of the offer that were uncertain. Members noted that this is an ongoing area of serious concern for services including in Wales.</p> <ul style="list-style-type: none"> • Medical Leadership – a discussion was had about what the can academy do to encourage people to take on these roles. One action is to look at training curricula ❖ RCGPNI GP advocate for primary and secondary care interface paper from AMRCW: <ul style="list-style-type: none"> • RCGPNI has adopted AMRCW work and have given good feedback, so good to hear! ❖ AoMRC UK-wide genomics project: <ul style="list-style-type: none"> • Esther encouraged members to read and digest paper 4 on the current status of genomics in Wales. An update on the bigger picture will be provided by Dr Alexandra Murray in the AMRCW council meeting scheduled for 24 June 2020. ❖ Postgraduate Dean meeting: <ul style="list-style-type: none"> • Met with Tom Lawson from HEIW and discussed: <ul style="list-style-type: none"> ○ Workforce issues & rota gaps ○ Single employer status for trainers ○ Increasing number of foundation posts across Wales ○ Rest facilities for junior Doctors ○ SAS Doctors being educational supervisors ❖ CMO meeting: <ul style="list-style-type: none"> • Met with Frank Atherton and discussed: <ul style="list-style-type: none"> ○ Brexit ○ Workforce ○ Quality bill ○ BMA measures around safe staffing – Esther signed up on behalf of AMRCW to briefing paper being put to Welsh Assembly Members. Jointly signed by RCN, RCM and others, all asking for an amendment to be made to the Quality Bill to enshrine safe staffing as a prerequisite for providing quality patient care.
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ACTIONS	RESPONSIBILITY
❖ Share the Safe Staffing briefing paper that has gone to Welsh Assembly with Council members.	Esther Youd

WELSH GOVERNMENT UPDATE

FRANK ATHERTON

INFORMATION	<p>Frank Atherton (FA) provided a brief update on the main topics being discussed and worked on in Welsh Government:</p> <ul style="list-style-type: none"> • Brexit – prepared for it now and will pick up again on 6th January. Medical consumables is an area that requires more work and this is ongoing • Winter pressures dominating, and the systems are under pressure
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	<ul style="list-style-type: none"> • Workforce issues – understand that broadening is important • National Clinical Plan – team is engaging widely and there is now acceptance in the need to having something in this space as want consistency across the LHBs • Relaunch of 1000 Lives as ‘Improvement Cymru’ • The political landscape is mainly focussed on the forthcoming election and Brexit • Healthy Wales transformation fund • Fragility of Wales’ health protection.
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HEIW UPDATE

TOM LAWSON

INFORMATION	<p>Tom Lawson (TL) updated on the main topics being discussed and worked on in HEIW:</p> <ul style="list-style-type: none"> • HEIW is a year in existence now and doing well at building relationships to avoid silo working • HEIW workforce is now complete with all roles filled and have a multi-professional agenda working on workforce planning schedule • SAS Doctors – encouraging to take on trainer roles • GMC – curricular overview ensuring it aligns with Wales’ population needs • Developing post-graduate opportunities to encourage trainees to remain in Wales • Supporting need for a single employer for trainees in all areas • Reviewing study leave to ensure it is fit for purpose • Whistleblowing protection – in place for trainees and working with the BMA • Portfolio careers – pilot starting with RCP • Retire and return – LHBs don’t seem to have policies in place but discussions are happening, and it’s known we need to do more to encourage people to return.
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ACTIONS	RESPONSIBILITY
❖ Take the topic of the retire and return policies within LHBs to the Medical Directors meeting.	Esther Youd

ADVANCE CARE PLANNING CONFERENCE

JANE FENTON-MAY

INFORMATION	<p>Jane Fenton-May (JFM) was unable to attend this meeting but sent a paper for Council to review providing an update from the last meeting which took place on 17 July 2019. EY encouraged members to read for information (to be circulated).</p>
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MTI POSTS

KESHAV SINGHAL

DISCUSSION	<p>Professor Keshav Singhal (KS) from BAPIO (British Association of Physicians of Indian Origin) joined Council today as a guest to provide an update and discuss recruitment for MTI posts:</p> <ul style="list-style-type: none"> • BAPIO leads recruitment in India for hospital specialties. 10 members of staff from BAPIO go to India to conduct the interviews. 170 conducted this year with 100 people being recruited
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	<ul style="list-style-type: none"> • KS explained that the BAPIO internal process is robust internally but then an extensive process starts to approve a Visa allowing candidates to work in the UK • Visas are issued for 2 years only and they can take between 9-12 months to complete • Some Royal Colleges are proactive and assist BAPIO but others will only sponsor their own candidates • KS asked if AMRCW was able to help speed process up or provide any support • EY offered BAPIO an open invitation for people to contact her for mentoring introductions. • Peter Donnelly to attend AMRCW meeting in March to discuss HEIW work in this area and how College can help.
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ACTIONS	RESPONSIBILITY
<ul style="list-style-type: none"> ❖ KS to pull together a summary of steps and share with EY ❖ Summary to be shared with all Council members to review ❖ AMRCW to aid improving with recruitment process with HEIW and BAPIO 	Keshav Singhal Esther Youd Esther Youd

NATIONAL CLINICAL PLAN

ABRIE THERON

INFORMATION	<ul style="list-style-type: none"> ❖ 40 actions on a transformation plan for a healthier Wales ❖ Need a clear definition of the Clinical Plan re what the actions are and what tools are / will be available ❖ There are 6 exemplar pathways already and a framework is being built ❖ Timeframes are very ambitious ❖ Next meeting is on 2nd December
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ACTIONS	RESPONSIBILITY
<ul style="list-style-type: none"> ❖ AT to provide update and share the plan following the meeting on 2nd December, for Council members to provide clinical comment. 	Abrie Theron / ALL

GMC UPDATE

MANEL TIPPETT

INFORMATION	<ul style="list-style-type: none"> ❖ Manel Tippett (MT) attended the UK Advisory Forum and there was an important issue around induction ❖ GMC consulted on consent guidance – report will be published by end of Jan 2020 ❖ Moving over to a more prudent healthcare approach and making decisions together and needs support to embed across all healthcare ❖ Reports being worked on: <ul style="list-style-type: none"> • SONET workforce report • SAS report ❖ Regulation of PAs and AAs – advisory group to be set up within 18 months
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ACTIONS	RESPONSIBILITY
❖ Papers from UK advisory forum to be circulated to members	Manel Tippett

IMPACT OF HEALTHCARE ON THE ENVIRONMENT

JAMES HORWOOD & FIONA BRENNAN

INFORMATION	
	<p>James Horwood (JH), a colorectal surgeon and Fiona Brennan (FB), an anesthetist, joined the meeting as guest presenters from University Hospital Wales (UHW) to talk to members about the work they are involved with at UHW to reduce the carbon footprint in their operating theatres. There was a great deal of discussion, interest and enthusiasm in the room and the main points were captured as below from the presentations:</p> <ul style="list-style-type: none"> ❖ Question put to Council members by FB – ‘should all Royal Colleges be declaring a climate emergency on health’? ❖ The Lancet countdown 2019 report has just been released with 3 key messages: <ul style="list-style-type: none"> ○ The life of every child born today will be profoundly affected by climate change ○ A second path – which limits the global average temperature rise to “well below 2°C” – is possible ○ Bold new approaches to policy making, research, and business are needed in order to change course. ❖ 5% of carbon footprint in the UK comes from the NHS ❖ 1 billion people live below the 1-meter water line and if we carry on as we are, the sea rise will be 2 meters ❖ The NHS has committed to be carbon neutral by 2050 ❖ Newcastle-upon-Tyne Hospital have created Green Champions – more information around this can be found HERE ❖ A discussion was had regarding anaesthetic gases and reducing use of desflurane to reduce the impact on the environment ❖ Nitrous oxide is the most damaging ozone depleting substance ❖ FB explained that a poster has been put in every operating theatre at UHW explaining the difference making 3 simple changes can make to the carbon footprint. Purely from these posters, the footprint has reduced by 50% in the past year alone. This equates to 103 flights from Cardiff to New York, every month, no longer happening! ❖ Climate Emergency is the Word of the Year 2019 as per the Oxford English Dictionary ❖ JH informed council that there are 3 projects currently underway in Cardiff and Vale and UHW: <ul style="list-style-type: none"> ○ ‘The humble suture’ – Ethicon have the market share in sutures and supply almost every country in the World. JH went through the process the sutures take to get to Wales and the huge carbon footprint they carry. Cardiff and Vale and UHW have told Ethicon they need to produce a carbon footprint for each product they order, and this should force them to reduce those levels. In addition, UHW are looking at their ordering processes to reduce from 700 orders (and 700 vans delivering) to weekly order (52 vans) – huge potential to reduce

	<p>the carbon footprint.</p> <ul style="list-style-type: none"> ○ Waste – UHW incinerate water and waste fluids from theatres costing £410 per ton and travelling in plastic bottles on lorries. A vacuum named Neptune 3 has been developed which captures fluids and pushes them down a sluice in theatre meaning no need for incineration. By introducing this, UHB can save £130k in the first year and dramatically reduce incineration. ○ Rebuilding of UHW – due to be open in 10 years, this is a huge opportunity to affect climate and carbon footprint. Collaborating with Cardiff University architecture students to create a modular prototype of an operating theatre that is so energy efficient, it's fit for the future whilst putting staff and patients at the forefront of the design ○ There is a Climate Emergency Task & Finish Group that has been formed and a plan is due out by end of February 2020. <p>GROUP DISCUSSION:</p> <ul style="list-style-type: none"> ❖ FA said the Grange Hospital was a missed opportunity and suggested a document could be created to showcase what's happening across Wales ❖ Need to look at Public Sector procurement and what's being done around Sustainable Development as per the Future Generations Act – FB suggested that a 'Head of Sustainability' is needed in every LHB and 'Green Champions' in every hospital and Royal College ❖ AMRCW to advertise / attend the meeting that FB is holding in January, if still places – maximum attendance can be 30 ❖ Medical schools should have sustainability on their curriculums by 2020 but to what extent will vary significantly ❖ AMRCW can be the vehicle to pull people together on this topic and push to ensure climate change on the Political parties manifesto's. There was support for the idea of holding a conference in 2020. ❖ FA confirmed funding could be discussed with Welsh Government.
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ACTIONS	RESPONSIBILITY
<ul style="list-style-type: none"> ❖ WWF video to be circulated ❖ Each council member to ask their own Royal College if they have a sustainability leader ❖ Link with Sally Lewis regarding sustainability and value-based healthcare ❖ Can AMRCW pull together a working group soon to discuss organising a conference 	<p>Jennie Pilkington ALL Esther Youd Esther Youd/ Abrie Theron</p>

AOB	ALL
DISCUSSION	<ul style="list-style-type: none"> ❖ Alex Gorton (AG), as part of his EoLC work wanted advice around what staff level should be able to sign a DNR – best practice versus reality. Jo Mower (JM) confirmed it should be ST3 equivalent as a minimum.



Next Council Meeting:

DATE: Wednesday 4 March 2020

LOCATION: Conference Suite, Life Sciences Hub, Cardiff Bay

TIME: 09:30 – 12:00 (with lunch following)